

National School Lunch & School Breakfast Program

2014-2015 SY Changes

What is new for Breakfast this year?



- All grains offered are **Whole Grain Rich**. This means all grains will be at least 51% whole grain.
- **More Fruit!** This year fruit is increased from ½ cup fruit to 1 cup fruit for all grade levels. Also, each breakfast must include at least ½ cup fruit to qualify as a meal deal.
- The Target 1 level for **sodium** must be followed. Each breakfast meal must not exceed the maximum sodium level per grade group.

K-5	≤ 540 mg
6-8	≤ 600 mg
9-12	≤ 640 mg

What is new for Lunch this year?



- All grains offered are **Whole Grain Rich**. This means all grains will be at least 51% whole grain.
- The Target 1 level for **sodium** must be followed. Each lunch meal must not exceed the maximum sodium level per grade group.

K-5	≤ 1230 mg
6-8	≤ 1360 mg
9-12	≤ 1420 mg

Questions? Contact your Food Service Director for more information, or stop by the cafeteria. It is our goal to be accessible with answers to any questions you may have.

