

November

2016

CANTON UNION SCHOOL DISTRICT

K-4 Breakfast Menu

arbor Management Inc.



School Breakfast



Available Daily
Assorted Cereal
w/Toast
100% Fruit Juice

Breakfast \$1.10
(Milk included with meal)

Milk 50¢

Offered Daily:
Fat Free Flavored
Fat Free White
1% White

The best way to start off each day on the right foot, is to eat a balanced breakfast!

Questions
Call Kyle Nelson
Food Service Director
309-647-8731

Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

	Monday	Tuesday	Wednesday	Thursday	Friday
		1 BOSCO STICK OR BLUEBERRY MUFFIN FRUIT CHOICE	2 CHERRY FRUDEL OR OATMEAL RAISIN BAR FRUIT CHOICE	3 BAKED ICED CINNAMON ROLL OR CHERRY VANILLA YOGURT W/CINNAMON TOAST FRUIT CHOICE	4 PANCAKE WRAP OR ICED OATMEAL BAR FRUIT CHOICE
	7 WILD BERRY BREAD OR BOSCO STICK FRUIT CHOICE	8 MAPLE MINI WAFFLES OR STRAWBERRY POP TART FRUIT CHOICE	9 BREAKFAST PIZZA OR BANANA MUFFIN FRUIT CHOICE	10 CINNAMON PANCAKES OR CHERRY VANILLA YOGURT W/CINNAMON TOAST FRUIT CHOICE	11 ICED CINNAMON SQUARE OR HONEY BUN FRUIT CHOICE
	14 SUPER DONUT OR PANCAKE WRAP FRUIT CHOICE	15 BAKED ICED CINNAMON ROLL OR BLUEBERRY MUFFIN FRUIT CHOICE	16 APPLE STUFFED BREADSTICK OR OATMEAL RAISIN BAR FRUIT CHOICE	17 BREAKFAST SAUSAGE BAGEL OR BLUEBERRY PANCAKES FRUIT CHOICE	18 FLAKY BISCUIT W/COUNTRY GRAVY OR STRAWBERRY BANANA YOGURT FRUIT CHOICE
	21 CINNAMON PANCAKES OR APPLE OATMEAL BAR FRUIT CHOICE	22 MAPLE MINI WAFFLES OR CHERRY VANILLA YOGURT W/CINNAMON TOAST FRUIT CHOICE	23 NO SCHOOL	24 HAPPY THANKSGIVING NO SCHOOL	25 NO SCHOOL
	28 BREAKFAST SAUSAGE BAGEL OR HONEY BUN FRUIT CHOICE	29 CHEESE OMELET OR CHERRY VANILLA YOGURT W/CINNAMON TOAST FRUIT CHOICE	30 PANCAKE WRAP OR ICED OATMEAL BAR FRUIT CHOICE		

(*) Contains Pork